



# Warm Springs Tribal Day at Mt. Hood Meadows

## Monday, February 2, 2026

### OPTIONS FOR THIS EVENT INCLUDE:

- Skiing
- Snowboarding
- Nordic/Cross Country Skiing
- Snowshoeing

To sign up you must:

- Email [sue.matters@wstribes.org](mailto:sue.matters@wstribes.org) with the name, date of birth, & contact information (phone number and email address) for each person who will be participating and will anyone, age 4 or older, need a beginner lesson?
- Complete the online liability release form for each participant, which can be found here: <https://www.skihood.com/agreements/ticket-release>
- Complete and return a Group Consent Form for each participant. Make sure it is completed legibly, in full, with all the details.

### **DETAILS**

**BUS RIDERS** – the Mt. Hood Meadows Bus will arrive at the Warm Springs Community Center at 6:45am for a 7:15am departure. Please be on time. Call 541- 460-2255 by 7:00am if you are cancelling or running late.

**DRIVERS** –you need an ODOT sno-park permit to park in any of the parking lots. (available online <https://www.tripcheck.com/Pages/Sno-Parks-Permits> or at Vendors) meet at Mt. Hood Meadows at 8:30am in the FreeRide room (North lodge, 2nd floor, next to Fresh Tracks).

**Check in at the FreeRide room with coordinators Sue, Rachel, or Heidi for:**

- **Lift Ticket pass**
- **Equipment Rental Instructions**
- **Beginner Lessons**
- **Schedule instructions**

**Lunch will be served at 12:00pm in the FreeRide room.**

**BUS RIDERS** – Check back in at 3pm to return equipment to the Sahale rental center and return your lift ticket. Board the Mt. Hood Meadows bus to return to Warm Springs at 3:15pm. Bus should arrive back at the Warm Springs Community Center around 4pm.

## BE PREPARED for a day outdoor in the snow, being active

To stay warm, dry, and safe on the slopes, it is best to dress in layers. This allows you to regulate your body temperature as you transition from the cold chairlift to active skiing.

- **Base Layers (Moisture-Wicking)**
  - Thermal Top & Bottoms: Wear synthetic (polyester) or Merino wool materials. Avoid cotton, as it stays wet and makes you cold if you sweat.
  - Ski Socks: One pair of thin, moisture-wicking socks.
- **Middle Layers (Insulation)**
  - Fleece or Wool Sweater: This traps heat against your body.
  - Lightweight Down Vest/Jacket: For especially cold days, a thin "puffy" layer adds significant warmth without much bulk.
- **Outer Layers (Weather Protection)**
  - Ski Jacket: Must be waterproof and windproof.
  - Ski Pants (Bibs or Trousers): Waterproof pants that fit over your boots to keep snow from getting into your socks.
- **Extremities & Accessories**
  - Gloves or Mittens: Waterproof and insulated. Mittens are generally warmer because your fingers share body heat.
  - Neck Gaiter or Balaclava: To protect your face from windburn and frostbite.
  - Goggles: Essential for visibility in flat light, wind, and falling snow. They also provide UV protection.



THERE WILL BE SOME LOST AND FOUND ITEMS AVAILABLE, FIRST COME, FIRST SERVE. TYPICALLY, THIS MAY INCLUDE PANTS, JACKETS, HATS, GLOVES, GOGGLES, ETC - BUT THERE IS NO GUARANTEE YOU WILL FIND WHAT YOU NEED.